

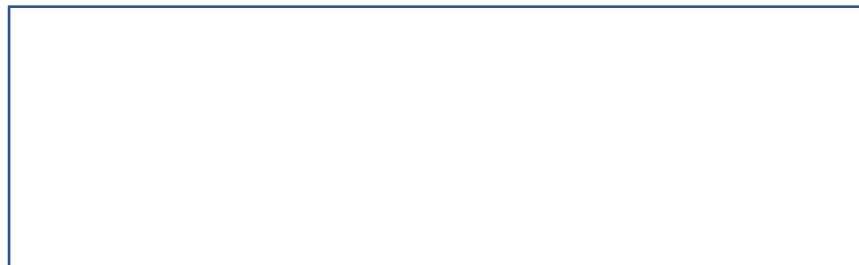
SPOKANE ELKS LODGE #228



Elks Care - *Elks* Share

Spokane Elks Lodge #228
9320 E Mission Ave
Spokane Valley, WA 99206

TO A VERY IMPORTANT ELK



October 2025 Newsletter

Office Hours: Tues thru Thurs 10:00 am–3:00 pm
Telephone: (509) 926-2328
Email: elks228bpoe@gmail.com

This bulletin is published monthly by the Spokane Elks Lodge #228. Lodge #228 is a subordinate Lodge of the Benevolent and Protective Order of Elks of the United States of America, and is a non-profit, 501(c)8 Fraternal Organization. Copies of each monthly bulletin issue are sent to all Lodge members in good standing, widows of members, Washington State Elks, selected other Lodges, and sponsors.

Bulletin Editor (temporary) – Jim Parman

Officers of the Lodge:

Exalted Ruler ----- Jaye Nordling
Leading Knight ----- Warren Stout
Loyal Knight ----- Lynn Hurd
Lecturing Knight ----- Paul Ryan
Secretary ----- Jim Bedard PDDGER
Treasurer ----- Jan Lindsey PER
Inner Guard ----- Sally Stratton
Tiler ----- Paula Davis
Esquire ----- Chuck Blake PER
Chaplain ----- Peter Rainbolt
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Trustee (2 Year) ----- Kent Allen
Trustee (3 Year) ----- Jim Van Slyke
Trustee (4 Year) ----- Dennis Hurd PER
Trustee (5 Year) ----- Frank Powers PER

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House ----- Jane Nordling
Activities ----- Jaye Nordling
Board ----- Jimmie Parman
Americanism ----- Devin McCauley
Tall Elks ----- Sharon Collins
ENF ----- Jan Lindsey PER
Wrecking Crew ----- Jaye Nordling
Hoop Shoot ----- Rita Gardner
Investment ----- Janice Lindsey PER
Grant Coordinator ----- Kari Allen
Veterans ----- Lee Owens
Audit ----- Rick Parman PER
Membership ----- Dennis Hurd PER
PER Association ----- Jim Bedard PDDGER



THANK YOU FOR YOUR SERVICE

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ROBERT BOLTZ ----- RICHARD BROWN
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JOHN HOPKINS ----- LARRY HOUGEN
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RICHARD KOCH ----- DALE KRAMER
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TERRY WAY ----- TIMOTHY WERLEY
AL WILSON ----- SAM WOLLENHAUPT
ROBERT WORMELL



Exalted Ruler's Message

It has been a very busy month at our lodge, beginning with our first ever Battle of the Bands. 5 bands competed with an audience of 200 people, voting for their favorite band with their dollars. Here are the performing bands:



Master Class Big Band



Deep Creek Band



Theresa Edwards Band



Wilbebest



Eternal Jones

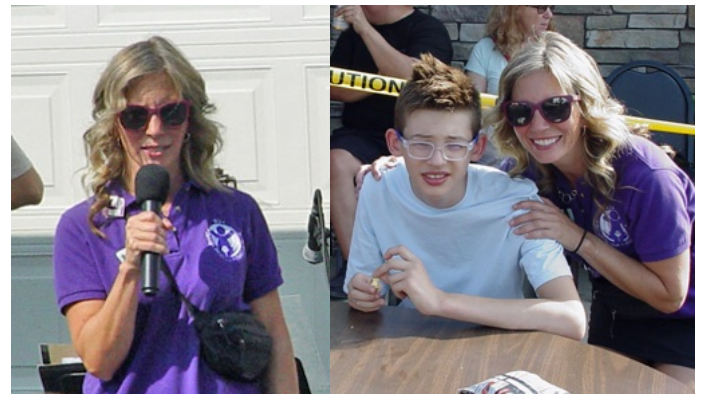
The big winner was the Masterclass Big Band, putting on a great show!



Mark and Conlin with the Band Battle Trophy

All votes raised went to our state's major project, The Children's Therapy Program (WETP).

Lila Zander, our children's therapist, was in attendance and spoke between bands.



Therapist Lila Zander speaking to the crowd and later, with one of her "Kiddos"

The organizer of the event was our own Sharon Collins. A special thanks to all the volunteers, Ann & Jim, Jan & Bim, Warren, Peggy, Chuck & Lori, Pete & Janell, Chris & Andren, Paul, Dennis, and Lynn Hurd. A big thanks to Mark Stevens for providing a drumset and change-over support for the entire day. Others that helped were Dave Brunlett and Gail from Valleyfest. All that being said, we raised over \$2300 for the charity!





Part of the crowd at our Avenues Event Center

We had a District Deputy visit that was very helpful having fresh eyes on our property. New signage here and there, and some safety improvements are being implemented. Other improvements will be to our cash handling and liquor inventory system.

Our Americanism Chair, Devin McCauley presented 2 Eagle Scouts with flags this month, and we were presented with our own flag depository box for our lodge as an Eagle Project by Carson from Troop 400.



Devin McCauley and Flag Presentation to an Eagle Scout



Retired Flag Depository for the Elks



Elks Booth at Valleyfest

More thanks are due for our participation in the Valleyfest Parade and with our booth at the 2 day Valleyfest at Mirabeau Meadows Park. Sharon, Jane, Jason Kamp, Dennis and Amanda from Valleyfest assisted the float down the Sprague Ave parade route.



Elks/Valleyfest Float

We had great booth coverage for the weekend with Paul, Dennis, Sally, Jane, Sharon, Timon & Evette and Kieth and Cathy.

We handed out lots of information, Drug Awareness Program coloring books, frisbees and spinners. over a dozen Americanism Essay contest forms, and retrieved a lot of overthrown basketballs at our Hoop Shot setup.



The event finished at the main stage with Timon playing guitar and myself running the sound for a great group, "Soul Proprietor".

We have more great events coming up, as the house committee has laid out. Join us at the lodge!

Jaye Nordling, Exalted Ruler



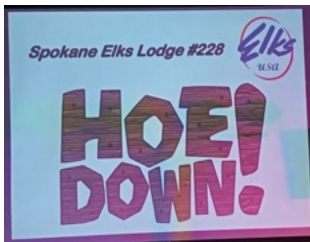


Board of Directors News

October is here and the Witching Hour is near! (I'm a poet and didn't know it) **Happy Halloween Everyone!**

The Lodge had a great event on Sunday September 7th. The 'Battle of the Bands' turned out a great crowd and raised over \$2,000.00 for the Washington Elks Children's Therapy Program! For details and photos, see the Exalted Ruler's message in this issue.

When you read the House Committee news you will note that the Lodge has some great events coming up over the next few months. We, as officers and Board members, encourage more members to attend these functions.



If you weren't here, you really missed a great show at the Friday Night Dinner on September 26th! Keith Neihanke and sons Cash and Rye provided some first-class Hoe Down music with Fiddles, Mandolin, Guitars, and vocals!



Cash, Keith, and Rye Neihanke

I'll expand a little on the District Deputy Team visit and evaluation on September 10th. In addition to some signage and safety issues, we have

some modifications to do with our Budgeting process. Treasurer Jan Lindsey and I, along with Deanna will have met with the Lodge Accountant by the time you read this, and worked on some refinements and modifications to our budgeting.

We will soon have a 'work day' with some of the Board Members to inventory and video the Lodge's real property such as furniture and equipment.

Look elsewhere in this Newsletter for an editorial expanding upon the new email address set up for member feedback to your Officers and Leaders. We would love to hear from YOU!

Jim Parman – Chairman of the Board



This Month's Funny

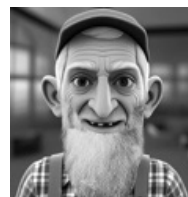
A woman went to the Doctor's office, where she was seen by one of the new doctors, but after about 4 minutes in the examination room, she burst out, screaming as she ran down the hall.

An older doctor stopped her and asked what the problem was, and she told him her story.

After listening, he had her sit down and told her to go relax in another room.

The older doctor marched down hallway to the back where the first doctor was and demanded, "What's the matter with you? Mrs. Terry is 63 years old, she has two grown children and several grandchildren, and you told her she was pregnant?"

The new doctor continued to write on his clipboard and without looking up said, "Does she still have the hiccups?"



Hillbilly Wisdom

Logic can take you from A to B.

Imagination can take you everywhere

Einstein





Elks National Foundation

I have posted the Lodge's status in the Social Quarters, so stop by and take a look. I will be updating the information as it is posted with Grand Lodge each month.

Our status is as stands the end of August. Our Lodge members have donated \$755.70 towards our goal. The GER goal this year is \$5.15 per member. This number is calculated on the year end membership which was 224. Our Lodge has donated \$3.374 per member so far. Our goal this year is \$1,153.60. So Hooray! we are more than half way there. For each dollar we donate, we get back about \$1.78. ENF is where we get the grants from to distribute to the community. For meeting our goal we get one of the grants called, The Gratitude Grant, which is about \$2000/\$2500. So let's work to meet that goal.

If you have been keeping up with our goal, we gained some progress toward our goal this month because of our Fidelity members. A Fidelity Member is an Elk that pledges an amount every month to be automatically charged to their credit card or drafted out of their bank account. It is a very simple process to do. At the end of the fiscal year, ENF sends you your donation total either in the mail, or via email. This money is tax deductible.

Our ENF dinner will be October 3rd. We will be having Grant recipients as guests to talk about how the grant they received helped their organizations. Please plan to attend. The menu will be a Lasagna Dinner, with salad, rolls and dessert. We will have some auction items also. October is ENF Month, so hope to see a good turnout. We would prefer that members and their guests sign up for the dinner by Oct. 1st. It is always nice to have a head count to know how much to prepare. So, please take the time to call into the office and get on the list.

Jan Lindsey, PER
ENF Chairman 2025/2026



OCTOBER BIRTHDAYS

Frank Simonson-----	Thomas Murphy
Robert Voshall -----	Mark Freese
Howard Beloved -----	Burle Craven
Susan Delucchi-----	Marsha Loiacono
Charles Blake -----	Thomas Galietti
Chris Martinson-----	Janel Rainbolt
John Weidinger -----	Floyd Geller
Patrick Spink -----	Jerald Houser
Evette Behan -----	Sandra Townsend
Andren Moyer-----	Larry Hougen
William Bayne -----	Dennis Runolfson
Larry Miller -----	Lavina Entel
James Swobada	

Delinquents as of September 25, 2025

Bob Adolfson -----	Sacha Allen
George Anderson Jr -----	Jennifer Anderson
Larry Benton -----	Betty Brazeau
Scott Brewer-----	Michael Chastek
Burle Craven -----	Charity Draden
Brian Hardaway-----	Cindy Hartzell
Steven Hartzell-----	Danny Johnson
Donald Kartevold-----	Dorothy Larson
Cason Parsons-----	Michael Pentland
Allan Ray -----	Stephen Renner
David Rumberger-----	Kenneth Schueman
Angela Sety-----	William Shorter Jr
Stephens Taylor-----	Sandra Townsend
Debbie Towshend -----	Wendell Wade
Timothy Werley -----	Richard Wilkerson



House Committee News

The House Committee has been busy planning events. We hope you will join in the fun and help us to grow our lodge. We encourage you to invite guests to the functions and we are appreciative of RSVP prior to the events for food prep. We are trying to plan a Gonzaga night but we are waiting on game times and broadcast information to come out. We may put those out with an email so please watch for those.

Don't forget to try your hand at the shake-a-day. This is open to all lodge members and is only a dollar for three rolls of the dice! The pot is getting up there so don't miss out! We have a new set of rules ready when this pot is won!

- Friday, October 10 is **Elktoberfest** - we have our favorite oompah band, The Drywall Finishing Team, lots of beer and a German pot luck dinner provided by the House Committee for all. Doors at 5pm, dinner 5:30 to 7pm. Come raise a glass and have some fun! "Prost" (Cheers!)



Elktoberfest 2024

- Tuesday, October 14 and 28 we have **Bingo** nights. Bring a friend to this public event and enjoy hot dogs and chips. The blackout pot is at \$1100 so don't miss out on your chance to win. If you do not wish to play, come help facilitate the event, we always need more hands.
- Start planning now for Friday, October 24's **Chowder Cook off!** I am sure there are great chowder makers in the lodge! This is your chance to shine. Bring your best chowder to share and let the lodge members judge for the winner. The House Committee will provide corn bread, crackers and dessert. Prizes to be awarded! You can't win if you don't join in!

Events to look for in November and December are the Veterans Day ceremony, Coinbox Dinner for Children's Therapy, Holiday movie night, Gonzaga Basketball night, Lakeland Village sing along, Hot Toddy Night and our Annual Memorial Service.

If anyone would like to donate a basket for the silent auction for Children's Therapy Coin Box Dinner in November please let myself or Sharon Collins know.

If you have ideas for additional activities at the Lodge, come to the house committee meeting the Third Thursday of the month at 6PM!

Jane Nordling House Committee Chair



Bingo News

Bingo will be on the 14th and the 28th of October. Come out and try your luck. We have food and beverages to serve and our Black Out game is still waiting to be won. You will win \$1100 if you get a Blackout in 55 numbers or less.

Our new games that we initiated last month are really fun. We open the doors at 5:30 and the first number is called at 6:30. It's October, so we will be having some seasonal fun to go along with the regular games.

We really could use some more volunteers. If you can give just a couple hours from 6:30 to 8:30, we have a job for you. None of the volunteer positions are difficult. Lots of times we just need someone to go around and verify the bingos by calling the numbers back.

If you can find the time to help, please text or call me at 509-770-1309.

Hope to see you there.

Jan Lindsey, PER





Poker and Games

Hello Again!

Our evening Poker and Game nights continue with games on Thursday evenings from 6 to 9 PM following the Wednesday Lodge Meeting nights.

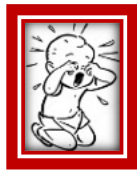
We have been having from 5 to 11 players in recent sessions, and with a dozen or more we will have enough for two tables. We do have an extra table in reserve, ready for that eventuality.

We continue to have some rare poker hands, including the last session when I held 4 tens! Too bad none of the other players had more than two pairs or I would have made a bundle. (Well, OK, it's difficult to make a bundle in a Quarter Limit game!)



The Poker dates for October are the 9th and 23rd. Please join us for the fun!

Jim Parman – Poker Draftee



CRYING TOWEL - \$100 DRAWING

September 10 Lodge Meeting

No Crying Here – Jane Nordling \$100 winner

(donated back to the Lodge)

September 24 Lodge Meeting

Robin Moritz – NOT present

Gerald Franks – NOT present



Editorial

I want to remind everyone about the email address that was set up for member feedback a few weeks ago, and announced in the September Newsletter. That email, talkback@spokaneelks.org was created, not only to allow our delinquent members to let us know why they might be leaving us, but also to provide a means for any member to quickly and easily provide feedback, thoughts, or ideas to the Lodge Leadership Team and the members.

Here's a universal truth: No Lodge can thrive and do the good and charitable work for which Elkdom is known, without the active participation of its Membership!

Our Lodge continues to hold great events to encourage members to attend and participate. Yet, that attendance continues to be sorely lacking for many of our functions.

Please use talkback@spokaneelks.org to communicate with us. Tell us what kinds of events you would support and attend. What activities would you like to see? What time of day would you most likely participate? What kinds of events would you be willing to help with? What events would you be willing to sponsor and/or lead?

I am the only person with access to the talkback emails. My personal policy will be to make sure that any and all suggestions and comments are shared with the Board of Directors and other leaders. Also, I will personally pledge to keep the names of the senders of emails confidential if the sender so requests, and only share the messages!

Please let me hear from you!

Sincerely and Fraternally,
Jim Parman – Chairman
Board of Directors



SPOKANE ELKS #228

Dinner, Speakers & Raffle
Reservations required by
October 1, 2025
(509) 926-2328



Place: Elks Avenues Event
Center - Building "C"
9320 E Mission Ave
Spokane Valley, WA 99206

Elks National Foundation Fundraiser Dinner

\$12.00 Dinner

Guest Speakers, Local Grant Recipients
Raffles & 50-50 Drawing

FRIDAY OCTOBER 3, 2025

Doors and Bar Open 5:00 PM

Dinner Served 6:00-7:15 PM

Dinner Menu

Lasagna
Salad
French Bread & Butter
Dessert



Tuesday

October 14 and 28, 2025

Open to the public (18+)

Spokane Elks #228

9320 E Mission Ave – Avenues Building

Spokane Valley, WA 99206
(509) 926-2328

Doors Open 5:30 PM
Bingo Begins 6:30 PM

Refreshments will be available for purchase.

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Now, Let's Turn Back the Clock for Some History!

(Found This in the June 1989 Lodge #2328 Bulletin)

IN MEMORY OF SOMEONE ELSE

We are saddened to learn this week of the death of one of the organization's most valuable members: Someone Else.

Someone's passing created a vacancy that will be difficult to fill.

Else had been with us for many years. Someone did far more than a normal person's share of work. Whenever leadership was mentioned, this wonderful person was looked to for inspiration as well as results.

"Someone Else can work with that group" Whenever there was a job to do, a committee to chair, or meeting to attend, one name on everyone's list: "Let Someone Else do it."

Someone Else was a wonderful person, sometimes appearing superhuman, but a person can do only so much. Were the truth known, everyone expected too much of Someone Else.

Now Someone Else is GONE!

We wonder what we are going to do. Someone Else left a wonderful example to follow, but who is going to follow it? Who is going to do the things Someone Else did?

When you have a chance to participate in your own organization, remember:

WE CAN'T DEPEND ON SOMEONE ELSE ANYMORE!

Author unknown



OUR KIDS

Washington Elks Therapy Program for Children, Inc.

Our State Major Project



When I went to my first OB appointment for my pregnancy with Madelyn (or Maddy, as she now prefers), the doctor did a quick ultrasound. I was just about 10 weeks along and he said, “That is one of the most active babies I have ever seen.” At Maddy’s next ultrasound, the tech said, “Your baby is so squirmly” and “Your baby literally just did a flip-I have never seen that before.” I wrote those things down because I thought they were funny at the time. After Maddy was born though, I realized that the doctor and tech had warned me about what was coming.

With Maddy being our 5th child, I thought we were ready because we were used to the whole parenting thing. But Maddy was by far our most active baby. She just could NOT hold still. She also seemed “anxious” in that I could not get her to eat or sleep well anywhere except at home, and even that was harder than it had been with my other 4 children (“anxious” is how I described it in my journal because I did not know what sensory challenges were at the time).

Maddy is and always has been a Joy (it’s her middle name after all), but as she continued to grow, I just knew that something was off. At her 18-month check-up, I brought up mine and my husband’s concerns regarding her speech. We were given a referral and did the assessment. The speech therapist saw what I saw on a daily basis-“Overly active, lowered awareness of body in space, and lost interest in toys somewhat quickly.” The therapist told us that Maddy’s speech was okay for now but that we would be better seeing an occupational therapist first. I thought that was a little weird-what could OT help Maddy with? The only exposure I had to OT was how my son received OT at school as part of his IEP (which mostly focused on his fine motor skills) and how I had heard of people sometimes needing to do OT following a surgery or accident.

But since the speech therapist had seen what I saw, I reached out to early intervention services. Maddy qualified with A Step Ahead and we had a wonderful experience with them. As Maddy approached her 3rd birthday though, I knew we would be done with visits soon. She qualified for special education preschool in adaptive skills, but I also knew that she needed more help that might not come up on a traditional school assessment. Our family resource coordinator at A Step Ahead knew about a program that offered OT and would come to us.

We met with Lori at Elks Therapy and both Maddy and I have been a fan ever since! When one person in a family gets the support that they need, it ends up benefitting the entire household. Lori has helped Maddy by teaching her appropriate ways to give her body the right sensory input it so desperately needs. Together, Maddy and I have learned from Lori things like how to set up amazing obstacle courses that secretly work on all sorts of skills, how to introduce things little by little until Maddy can tolerate them well (textures, visual stimuli, demands, etc), how to find a quiet space to reset when needed, how to do heavy work first and then traditional table learning after, and strategies for when life happens and we have to process things we weren’t planning on. It’s been especially helpful for me to learn how to co-regulate with Maddy so that when she gets so overwhelmed that she is in fight/flight/freeze-I can help her come back to baseline by showing her the skills she’s learned. I’ve also been able to learn little ways to change our home environment and help keep Maddy better regulated. We are continuing to learn ways to carry over the skills Lori teaches us into settings outside of our home so that Maddy (and everyone around her) can feel more comfortable. But most of all-we have learned that yes, occupational therapy can help Maddy (and others with sensory challenges) a lot!

Maddy was the 3rd child in our family to be diagnosed with ADHD but definitely got the diagnosis at the youngest age (just about 2 1/2 years old). She was also diagnosed with Sensory Processing Disorder after that, when we started with Lori. The things that Maddy is continuing to learn from Lori are helping Maddy to be her best self. I will forever be grateful for Elks Therapy and the wonderful resource they provide to our family. My husband and I just want all of our children to thrive. All of the things we are learning from Elks Therapy are helping Maddy to do just that. Shakespeare must’ve been describing Maddy when he said, “Though she be but little, she is fierce.” Don’t say I didn’t warn you!





October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Board of Directors Meeting 5:30 PM	2 Avenues Private Rental 9:00 AM UGC Social Quarters Open 5:00 - 9:00 PM Master Class Big Band 6:00PM Avenues Bldg	3 ENF Dinner and Fundraiser 5:00 PM (See Flyer pg 9)	4 Avenues Private Rental 12:15 to 5:15 PM - UGC
5	6	7	8 Pre-Lodge Meal - 5:30 PM Orientation 5:30 PM Lodge Meeting - 6:30 PM	9 Social Quarters Open 5:00 - 9:00 PM Poker and Games 6:00 - 9:00 PM Master Class Big Band 6:00PM Avenues Bldg	10 Elktoberfest 5:00 PM (Details to follow)	11
12	13 Columbus Day	14 Bingo - Doors Open 5:30 PM First Number - 6:30 PM	15	16 Social Quarters Open 5:00 - 9:00 PM House Committee 6:00 PM Master Class Big Band 6:00PM Avenues Bldg	17	18 Avenues Private Rental 12:15 to 5:15 PM - UGC
19	20	21	22 Pre-Lodge Meal - 5:30 PM Lodge Meeting - 6:30 PM	23 Social Quarters Open 5:00 - 9:00 PM Poker and Games 6:00 - 9:00 PM Master Class Big Band 6:00PM Avenues Bldg	24 Chowder Cookoff 5:00 PM (Details to follow)	25 Avenues Private Rental 12:15 to 5:15 PM - UGC
26 Newsletter Deadline for November Newsletter	27	28 Bingo - Doors Open 5:30 PM First Number - 6:30 PM	29	30 Social Quarters Open 5:00 - 9:00 PM Master Class Big Band 6:00PM Avenues Bldg	31 Halloween Happy Halloween	